

Low-Carbon Living Check-List

Print and stick somewhere prominent

Task - Plan A	Annual Saving (£)	Yep, Done it! (Tick box)
Replaced 1 normal light bulbs with a Low-energy light bulb	5	
Installed additional _____ Low-energy Light bulbs		
Switch off my TV, Video/DVD and PC (Not Stand-by Mode)	8	
Always cook with a lid and turn down the heat	2	
Boil only the water needed	3	
Close curtains at dusk to reduce heat escaping through windows	2	
Reduce hot water temperature to 60 degrees	10	
Utilise 'Green' cycle on your washing machine	2	
Fill the washing machine and wash at 40 degrees	3	

Task - Plan B	Annual Saving (£)	Yep, Done it! (Tick box)
Reduce your heating. Turn the thermostat down 1 degree	15	
Switch to renewable energy supplier	30	
Replace inefficient appliances (saving per appliance)	20	
Put aluminium foil behind any radiators fitted to outside walls	10	

Task - Plan C	Annual Saving (£)	Yep, Done it! (Tick box)
Replace boiler with a High efficiency Condensing boiler	150	
Install an insulating 'jacket' around hot water tank	20	
Insulate hot water pipes	5	

Task - Plan D	Annual Saving (£)	Yep, Done it! (Tick box)
Cavity Wall Insulation	70	
Loft Insulation (Minimum saving)	50	
Double Glazing	30	
Under floor sealant & Along skirting sealant (Draught Proofing)	40	
Solar Power - Hot Water System	80	
Solar Power - Electricity Generation (estimated saving on bill)	33%	
Small Scale Wind Power		
Large Scale Wind Power		
Small Scale Hydro Power		